



Basic Life Support Certification American Heart Association

Cardiopulmonary Resuscitation/Automated External Defibrillator Training for NIH/NIDA IRP Employees

The NIH strongly encourages all members of the NIH community to be trained and participate in the NIH Public Access Defibrillation Program (<https://policymanual.nih.gov/1408>). In support of this mission, the Office of Research Services (ORS) Division of Occupational Health and Safety and the NIDA OCD offer **two types** of training; Basic Life Support and Lay Responder CPR certifications, at no cost to NIH Staff (FTE, Fellows, Public Health Service Officers, and Contractors affiliated with NIH ICs). Registration information provided below (Table A.)

Both trainings provide the following:

- Two-year certification.
- Free/available to all NIH staff.
- Follows the guidelines set forth by the American Heart Association.
- Training on the AEDs that are located on and off campus of NIH sites.

1. Basic Life Support

- **Basic Life Support Full Course (BLS) (Approximately 3 hours IN-PERSON ONLY)**

The Basic Life Support Full Course is designed to provide clinicians and NIH Public Health Service Officers (i.e., physicians, nurses, those who work in patient contact areas, clinical staff, and Commission Corps) the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely



and effective manner. This course is for those that have not taken the Basic Life Support Full Course (formerly known as the Healthcare Provider CPR/AED Training) previously or for those whose certification has expired. It is mandatory for clinicians and NIH Public Health Service Officers to take this training and subsequently take the Basic Life Support - Renewal (BLS-R) Course every two years.

- **Basic Life Support Renewal Course (BLS) (*Approximately 2 hours IN-PERSON*)**

The Basic Life Support - Renewal Course (BLS-R) is for clinicians and NIH Public Health Service Officers (i.e., physicians, nurses, those who work in patient contact areas, clinical staff, and Commission Corps) that have an unexpired Basic Life Support certification. This course is for those that have taken the Basic Life Support Full Course (formerly known as Healthcare Provider CPR/AED Training) and the certification has not expired. It is mandatory for clinicians and NIH Public Health Service Officers to maintain their Basic Life Support certification every two years.

- **Blended Learning-Basic Life Support Renewal Skills Sessions
(Approximately 2 hours Online virtual classroom and In-person skills session)**

The Basic Life Support renewal in-person skill sessions are part of the blended learning BLS renewal training for those that have taken the online Basic Life Support Course (formerly known as Healthcare Provider CPR/AED Training). This course is a combination of online and in-person training. Upon registration for your desired skills session, you will receive the instructions to complete the online Basic Life Support prerequisite. The Basic Life Support Skill Sessions are for clinicians and NIH Public Health Service Officers (i.e., physicians, nurses, those who work in patient contact areas, clinical staff, and Commission Corps) that have a requirement to maintain their Basic Life Support certification every **two** years.

2. Lay Responder CPR/AED Course (Approximately 2 hours In-person)

The Lay Responder CPR/AED Course teaches individuals critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives. The course does not fulfill the Basic Life Support Course certification requirements. **Note: If you are a clinician or a NIH Public Health Service Officer, you must take the Basic Life Support Course or the Basic**



Life Support - Renewal Course.


TABLE A.

COURSE	REGISTRATION
Basic Life Support – Full Course	<p>Baltimore Campus: https://forms.office.com/g/ExDB3NJLYL Offered 2nd Wednesday, every month, 12-3 PM</p> <p>Bethesda Campus: https://ors.od.nih.gov/sr/dohs/safety/Training/Pages/aedlocations.aspx https://ccnd.nihcc.recsolutions.com/ct/client/home/class_information/678</p>
Basic Life Support - Renewal Course	<p>Baltimore Campus: https://forms.office.com/g/ExDB3NJLYL Offered 2nd Wednesday, every month, 12-2 PM</p> <p>Bethesda Campus: https://ors.od.nih.gov/sr/dohs/safety/Training/Pages/aedlocations.aspx https://ccnd.nihcc.recsolutions.com/ct/client/home/class_information/680</p>
Blended Learning- Basic Life Support Renewal Skills Sessions	<p>Baltimore Campus: https://forms.office.com/g/ExDB3NJLYL Offered 2nd Wednesday, every month, 12-2 PM</p> <p>Bethesda Campus: https://ors.od.nih.gov/sr/dohs/safety/Training/Pages/aedlocations.aspx https://ccnd.nihcc.recsolutions.com/ct/client/home/class_information/681</p>



<p>Lay Responder CPR/AED Course</p>	<p>Baltimore Campus: https://forms.office.com/g/ExDB3NJLYL Offered 2nd Wednesday, every month, 12-2 PM</p> <p>Bethesda Campus: https://ors.od.nih.gov/sr/dohs/safety/Training/Pages/aedlocations.aspx https://ccnd.nihcc.recsolutions.com/ct/client/home/class_information/676</p>
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